

**December 2, 2018**  
**First Sunday of Advent**

**Des Moines Intentional Eucharistic Community**  
*All are welcome at our table*

**Prayer Leaders:** Karen DeHaven and Ellen Corwin  
**Music Leaders:** Julie Powell-Mohr and Scott Hurley

**Advent Wreath Blessing**

Prayer Leader: Oh God, as we enter once again this Advent season of waiting and longing, we ask You to bless this circle of green!

May it remind us of the circle of our years, the beginnings and endings,  
the new life and the letting go.

Keep the light of the promise of Your coming kin-dom fresh and evergreen in our hearts.

Bless this circle of green!

May it remind us of Your faithful generosity;

that even in the midst of winter we have been given warmth;

that in a season of shortened days and a disappearing sun, we have been given light.

Bless this circle of green!

May it remind us that all of our journeying is a constant return to You.

**ALL: Amen.**

**Blessing for Lighting the First Advent Candle**

Prayer Leader: Oh God, it is only one light, and the world can be very dark.

Bless this one light.

Bless our effort to bring light to our lives as we wait and watch and prepare for the coming of the Light of the World.

We cannot know the day of Your return to us, the day of our return to You.

But hope for Your coming kin-dom burns bright in our hearts.

We light this one light and ask You to add to it the light of forgiveness, justice, and peace.

Let it burn bright and strong.

**ALL: Amen.**

*Please stand in body or spirit.*

**Opening Song: O Come, O Come Emanuel #38, v. 1, 2, 7**

**Blessing**

Prayer Leader: Let us begin in prayer remembering the many images of God.

**ALL: In honor of Sophia the Divine, Sophia as Compassionate One, and Sophia the Holy Spirit.**

Prayer Leaders: Peace be with you. **ALL: And also with you.**



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**Prayer before Reading the Word**

Prayer Leader: Holy One, awaken my heart. Quiet my mind. Draw back the veil of my illusions to perceive your presence.

**ALL: Settle what stirs endlessly within me. Hush the voice of haste and hurry. Awaken my inner senses to recognize your love hiding beneath the frenzy. Enfold me in your attentiveness. Wrap a mantle of mindfulness around every part of my days. I want to welcome you with joy and focus on your dwelling place. Amen.** (Joyce Rupp, *Prayer Seeds*)

Prayer Leader: In your presence, O God, may our minds be opened, our spirits renewed, and our questions and insights shared.

**ALL: Amen.**

*Please be seated.*

**First Reading:** Robert Coles in *A Radical Devotion*

**ALL: Thanks be to God.**

**Second Reading:** Nancy Mairs in *Ordinary Time: Cycles in Marriage, Faith, and Renewal*

**ALL: Thanks be to God.**

*Please stand for the Gospel.*

**Gospel:** John 4: 1-26

**ALL: Praise to you, Jesus the Christ.**

*Please be seated.*

**Dialogue Homily**

*Our dialogue homily is a time of reflection and sharing on the readings as they speak to our faith and life experiences, and as expressed and lived by our varied faith traditions.*

**Prayers of the People**

Prayer Leader: Sisters and brothers in Christ, Sophia invites us to bring our doubts and fears, our joys and concerns, our petitions and praise, and offer them for the earth and its creatures. Please offer petitions continuously without pausing. When all prayers have been stated, we will respond with: **God, hear our prayer.**

Prayer Leader: God of Hope, we pray you will comfort and restore all who suffer in body, mind, and spirit — those whom we have named and those we hold in our hearts.

**ALL: May they know the power of your healing love.** (A New Zealand Prayer Book, adapted)

Prayer Leader: Receive our prayers, O God, and transform us through them, that we may have eyes to see and hearts to understand not only what you do on our behalf, but what you call us to do. (Revised Common Lectionary Prayers 2002, adapted)

**ALL: Amen.**

**First Sunday Collection Recipient: WOMEN AT THE WELL**

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**Communal Offering**

Prayer Leader: God, the earth is yours, and everything in it. We come now to this table to make a return to You for all You have so generously given to us.

**ALL: In this gathering, we are fed and nourished with the gift of Word, with bread and wine, and with the gift of one another.**

*East:* You feed us that we may become what we eat—that we become bread for the world.

*West:* In thanksgiving, we offer our prayers and gifts, our daily lives, our very selves to You and to our world.

**ALL: May this offering we now collect support our community gathered here and carry our prayers and our work into the wider world. Amen.**

**Offertory Song: *A Time Will Come For Singing* (insert)**

**Eucharistic Prayer of Hospitality**

*We gather around the altar for our prayer. Readers are not specifically assigned for the parts; please feel free to recite a passage if you feel so moved. **Bold parts are read in unison.** When it is time to bless the bread and wine, please extend a hand palm up as we say the words of blessing together. If you would like gluten-free bread, please stand by the podium.*

**The Lord's Prayer**

*Please join hands as we say The Lord's Prayer, beginning with "Our Father/Mother ..."*

**Peace**

**Communion Prayer**

**We share this bread that was broken for us,  
that we might learn how to be the Body of Christ.**

**We share the cup that was poured out for us,  
that we might learn how to pour out our lives for one another.**

*"You are the bread of life."      "You are the cup of life."*

*When everyone has received Communion, please return to seats for silent prayer.*

**Communion Meditation: *I Was Hungry***

*(Sara Thomsen, from the CD *Arise*, Dakota Road Music Studio, ©1995)*

*December 1 is recognized as World AIDS Day. This song is offered as a universal prayer to all those affected by this disease, and to those who have been marginalized for no other reason than who they are.*

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**Prayer after Communion**

Prayer leader: Come, show us how you are dwelling in those places of our lives where we have forgotten to welcome you ...

**East:** Come, take us to the place where you are moving us toward change and deeper relationship with you ...

**West:** Come, help us believe in the possibility of resurrecting what has hidden itself from our path of growth ...

**East:** Come, shake free whatever keeps us from accepting your invitation to be transformed ...

**West:** Come, strengthen our faith, cultivate our hope, and widen our love ...

**East:** Come, draw us into the stillness essential for an alive and open awareness of your presence ...

**West:** Come, keep us mindful of the larger world, one in urgent need of our compassion and dedicated care ...

**ALL: Come, be a healing presence for those who suffer, and those for whom we have promised to pray ...**

**Come, our minds and hearts are alert, ready to welcome you home ...** (Joyce Rupp, *Prayer Seeds*)

**Healing Blessing**

*Anyone taking bread and wine to someone in the community is invited to come forward.*

Prayer Leader: May our thoughts and prayers go to \_\_\_\_\_ and all those who need healing. We hold them in our hearts.

**ALL: We send you with bread and wine and the prayers of our community. Amen.**

**Blessing of the Women at the Well Team**

**Announcements**

*Please stand in body or spirit.*

**Blessing**

Prayer Leaders: May God bless us, and may we all go forth to help bring God's love and peace to our world.

**ALL: In the Name of God the Creator of All That Is, the One Who Is Always Coming, and the One Who Is Always with Us. Amen.**

**Final Song: Emmanuel #56, v. 1, 2, 4**

***Thank you for sharing in our celebration of faith this morning.  
Please return the Eucharistic Prayer handout to the basket and  
take this Prayer Aid/Bulletin home with you.***

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***Please join us for refreshments immediately following the service.  
We pray together in this space every Sunday at 10:00 a.m.  
All are welcome!***

**For the collection each week, checks can be written to "DMIEC."** The First Sunday collection each month supports a selected charitable organization. The remaining collections cover utility, insurance, and other usual and customary expenses. Contributions are tax-deductible.

**Collection recipient on TODAY: *WOMEN AT THE WELL***

Our First Sunday Collection recipient is Women at the Well, a congregation of, by, and for women incarcerated at the Iowa Correctional Institution for Women in Mitchellville. The organization is also active "outside the walls," enabling teams in faith-based communities to support parolees for a year after release. Our DMIEC Women at the Well team will support a woman who, we anticipate, will be paroled to Polk County in February 2019. Proceeds go to the Women at the Well United Methodist Church of Iowa. ***Checks can be written either to "Women at the Well/IUMC" or "DMIEC."***

**NEW: *SANCTUARY UPDATE***

Here are some immediate ways individuals can help two El Salvadoran families living in Des Moines while seeking asylum:

- Join a support team to help coordinate assistance
- Identify where free and reduced-cost clothing is available
- Research availability of chronic medical care (as opposed to urgent medical care)
- Provide transportation

For more information or to volunteer, contact Martha Gelhaus, mgelhaus@hotmail.com.

Financial support is also greatly needed. Here are ways to donate:

- Send donations to First Unitarian Church, c/o Charles Lewis, 1800 Bell Ave., Des Moines, 50315. Please make checks to First Unitarian Church of DSM, with ISM Asylum Support on memo line.
- Donate on-line on First Unitarian Church's website.
- Place cash and check donations in the envelope on the entrance table.
- You may wish to consider a monthly donation that could be counted on for ongoing expenses.

To receive emails about the families' needs, sign up on the clipboard or contact Martha.

*DMIEC is a sanctuary support community and a member of the Iowa Sanctuary Movement, which is sponsoring two women and two children from El Salvador.*

**MARK YOUR CALENDAR:**

<b>Date/Time</b>	<b>Event</b>	<b>Contact Person(s):</b>
<b>Wednesday, December 5, 7:00 p.m.</b>	<b>Advent Prayer in Word and Music</b>	Liturgy Team
<b>Monday, December 10, 6:00 p.m.</b>	<b>Community Council Meeting</b>	Community Council
<b>Wednesday, December 12, 3:30 p.m.</b>	<b>Liturgy Planning Meeting</b>	Liturgy Team
<b>Thursday, December 20, 5:30 p.m.</b>	<b>Serve Shelter Meal</b>	Kathy Eastman
<b>Monday, December 24, 5:00 p.m. (No service on Christmas Day)</b>	<b>Christmas Eve Service</b>	Liturgy Team

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**NEXT WEEK'S READINGS** *(May be subject to change.)*

Baruch 5:1-9; Philipians 1:4-6, 8-11; Luke 3:1-6

**MINISTRIES FOR SUNDAY, DECEMBER 9**

Prayer Leaders: Rob and Victoria Gloe

Music Leader: Julie Powell-Mohr

Liturgy Coordinator: Mona Gude

Prayer Aid Distributor: Jeanne-Marie Schwendinger

Bread Baker: Mary Tomlinson

Greeters: Lisa Mullen and Charlene Skidmore

Readers: Bob Mulqueen, Gina MacRae, Mary Ann Koch

Eucharistic Ministers: Kris Wells, Kay Kopatich, Diane Moran

Straighten Worship Area: *Volunteer needed*

Hospitality: Jean Minahan, Mary Ann Koch, Gina MacRae, Barb Corson. *Volunteers needed*

***PLEASE SIGN UP! Volunteer signup sheets are located in the entry hallway. Instructions for the various volunteer positions are available on the web site (dmiec.org) or in the Liturgy Room.***

*If you have questions about a particular position, contact one of the Coach Contacts.*

**DMIEC EVENTS:**

***ADVENT PRAYER IN WORD AND MUSIC***

***Wednesday, December 5, 7:00 p.m.***

In this season, more than any other, we are aware of our longing for God's peace among us. Come pray and sing your longing in these unsettled times. Our service will offer time to pray, to think, to reflect, and to sing.

**SERVE SHELTER MEAL**

***Thursday, December 20, 5:30 or 6:00 p.m., Central Iowa Shelter & Services, 1420 Mulberry, St., DM***

We will again purchase the foods already prepared from the Johnston Hy-Vee. We need volunteers to assist in serving and hospitality/fellowship. Serving begins at 6:30; we need several volunteers to be available about 5:30 and everyone else to arrive by 6:00 so we can make assignments, get food set up, and be ready to serve on time. Serving will be completed about 7:30. Shelter staff handles cleanup. Contact Kathy Eastman, keastman33@gmail.com or 255-7885 (home) if you have questions or to volunteer. Let Kathy know whether arriving at 5:30 or 6:00 better fits your schedule.

**ANNUAL CHRISTMAS SONGFEST**

***Sunday, December 16, 2:00 – 5:00 p.m.***

***Home of Tom and Rita Fisher, West Grand Towers, 3663 Grand Ave., Unit 303, Des Moines***

All are welcome! Please bring your voices, musical instruments, snacks and guests for an afternoon of music and conversation.

**Summer 2019: Build Homes in Malawi with Habitat for Humanity**

Enjoy a different kind of vacation. Brendalyn Shird is recruiting a volunteer team to serve in **Malawi, Africa, from June 29-July 7, 2019**. The team will experience *the warm heart of Africa* while building homes for vulnerable children who have lost at least one parent. For more information, contact Brendalyn at bshird@gdmhabitat.org.

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### **AREA EVENTS:**

#### **We Are Church Confessing**

**TODAY, 1:00-1:30 p.m., Evelyn Davis Park, 1400 Forest Ave., Des Moines**

*We Are Church Confessing is an effort to call the church to publicly pray, confess, and bear witness to the sacredness of human life that our religious traditions call us to honor and protect.* Ecumenical, interdenominational services are held in a public space the first Sunday of each month in response to our country's political crisis. This is not a protest. It is not partisan. The crisis in our political body pertains to basic issues of human rights about which we can agree to take a public stand even amidst our different perspectives on the best public policies or political affiliations. Plymouth Congregational Church will lead the December service. If you would like to be involved in planning, the next planning meeting is November 27, 12:00-1:15 p.m. at the Peace Conference room at Plymouth Congregational Church. For more information, contact Carmen Lampe Zeitler, [carmenandjohn@aol.com](mailto:carmenandjohn@aol.com).

#### **Drake University Comparison Project: *Miracles***

**Thursday, December 6, 7:00 p.m., Sussman Theater, Olmsted Center, Drake University**

Firsthand accounts of a miracle investigator with Joe Nickell, author of *The Science of Miracles: Investigating the Incredible*.

#### **Behold! *An Advent Morning Retreat of Holy Seeing and Being***

**Saturday, December 8, 8:30 a.m. – noon, Grace Lutheran Church, 3010 52<sup>nd</sup> St., Des Moines**

Join Contemplative Outreach of Central Iowa for a morning of quiet reflection, centering prayer, and holy seeing to celebrate the gifts of Advent. Suggested donation of \$15. To register see [centeriowa.org](http://centeriowa.org).

### **MEET MY RELIGIOUS NEIGHBOR**

*Monthly open house events provide the opportunity to tour a sacred space of faith, learn how religion is practiced there, and meet and connect with people from different faiths and walks of life.*

**Saturday, December 8, 4:00 p.m., Plymouth Congregational Church, 4126 Ingersoll Ave., Des Moines**

Open house and inauguration of Interfaith Chapel plus an interfaith dialogue featuring representatives of six different religious traditions. Visitors are invited to stay for Plymouth's 5:30 p.m. "casual service."

#### **Behold the Night! *Winter Solstice Worship***

**Wednesday, December 19, 6:00 p.m., Immanuel United Methodist Church, 2900 49<sup>th</sup> St., Des Moines**

All are invited to join Contemplative Outreach of Central Iowa for a Winter Solstice Contemplative Worship service, featuring Richard Bruxvoort Colligan, a nationally known composer, musician, and liturgical theologian. A free will offering will be taken during the event. Go to [centeriowa.org](http://centeriowa.org) to register.

**Catholic Worker House Needs:** Cold weather brings a need for warm items for the Catholic Worker House guests — jackets, socks, stocking caps, blankets, and sleeping bags. Other immediate needs: disposable razors, shaving cream, and deodorant. DMIEC supports the Catholic Worker House through our weekly donations. Place your donations in the grocery cart in the coatroom.

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**If you are new to IEC and would like a printed nametag, please sign up on the sheet in the entry hallway. Please include your email address if you would like to be added to our distribution list. PLEASE NOTE: Signing up for a nametag and emails does not register you as a member of DMIEC. You must be a registered member to access the Members section of our web site and to vote in DMIEC elections. There is no tithing commitment. For more information or to register, please contact Jim Fifield, [dmiec11@gmail.com](mailto:dmiec11@gmail.com) or 720-2104.**

### BREAD AND WINE

If you would like to take the bread and wine to someone, or if you would like a member to bring bread and wine to you, please call Diane Morain at 491-7778 or talk to her before worship on Sunday. The bread and wine can then be blessed by the community during our Liturgy of the Eucharist. *Sharing the bread and wine is a vital part of our community.*

### PLAYROOM SUPERVISION RULES

- Any child using the playroom must have their parent or other adult relative present in the playroom or immediately outside the room to maintain visual contact of the child.
- During Sunday services or other events, the parent or other adult relative may move a chair from the worship area to the hallway outside the playroom door to be able to participate in the service and maintain supervision of the child.
- If their parent or other adult relative is not present in the playroom, then two approved volunteers must be present. One of the volunteers must be 18 or older.

*Individuals 14 years of age and older, who would like to supervise children in the playroom, must be approved by the Community Council. If interested in being approved, please contact Dennis Rhodes ([DennisRho@msn.com](mailto:DennisRho@msn.com) or 371-6494) or Karen DeHaven ([kdehaven@mchsi.com](mailto:kdehaven@mchsi.com) or 205-1086).*

### COMMUNITY CONTACTS

#### Pastoral Care Ministry Team

Kevin Pokorny ([pokornyk@hotmail.com](mailto:pokornyk@hotmail.com) or 277-5848)

Mary Beth Reiff ([marybethnz@msn.com](mailto:marybethnz@msn.com) or 779-6936)

#### Meal Coordinator:

Karen DeHaven ([kdehaven@mchsi.com](mailto:kdehaven@mchsi.com) or 205-1086)

*(Contact Karen to coordinate meal deliveries to DMIEC members suffering from illness, surgery, or accident.)*

#### Community Council

Art Cunningham ([finproac@aol.com](mailto:finproac@aol.com); 961-6330)

Karen DeHaven ([kdehaven@mchsi.com](mailto:kdehaven@mchsi.com); 205-1086)

Donna Dressel ([ddressel84@gmail.com](mailto:ddressel84@gmail.com); 313-6184)

Jim Fifield ([jfifield74@gmail.com](mailto:jfifield74@gmail.com); 720-2104)

Dennis Rhodes ([DennisRho@msn.com](mailto:DennisRho@msn.com); 371-6494)

Mary Routh ([Mlenaghanrouth@gmail.com](mailto:Mlenaghanrouth@gmail.com); 371-4630)

Brendalyn Shird ([breishird@msn.com](mailto:breishird@msn.com); 554-4700)

### PERSONAL MINISTRIES

*The Pastoral Care Ministry Team invites people in our community to offer their time as ministry to one another. Your ministry may include offering minor home repairs, yard work, pet care, respite care, prayer companion, rides to our Sunday prayer service, moving assistance, etc. For information, see flyers and signup sheet in the entry hallway.*

**There is an assistance fund for DMIEC members** needing emergency financial assistance with food, shelter, utilities, transportation and medical and/or health issues. If you face such a need, we encourage you to contact a member of the Pastoral Care Ministry Team.

**Building-Use Forms** are on the web site. For information, please contact Mary Routh.

**To submit an item for the bulletin, please send to Martha Fifield, [martha.fifield@gmail.com](mailto:martha.fifield@gmail.com).**

Weekly Prayer Aids/Bulletins are available at [dmiec.org](http://dmiec.org). In the *Members* area in the left column, click on *Readings, Prayer Aids, Administration Files*, then *Our Weekly Prayer Aid*. Only registered DMIEC members may access this area of the web site.

**To have full access, you may want to consider becoming a member.** If you are not a registered member (or are not sure whether you are registered), contact Jim Fifield, [dmiec11@gmail.com](mailto:dmiec11@gmail.com), 720-2104. You may also contact Jim if you are already a member and are having issues accessing the web site, or if you wish to update your personal information on the members' list on our web site.



#### DMIEC on Facebook: "Des Moines Intentional Eucharistic Community"

Administrators approve comments to our page before they go 'live'; only administrators can post statuses or pictures as DMIEC. To have an event posted as DMIEC on the page or to share pictures, email to [tracyarood@gmail.com](mailto:tracyarood@gmail.com).

