# Des Moines Intentional Eucharistic Community All are welcome at our table

Prayer Leaders: Martha Gelhaus and Kevin Pokorny Music Leader: Julie Powell-Mohr

Please stand in body or spirit.

Opening Song: The Summons #384

#### **Blessing**

ALL: In the Name of God as Loving Creator, God as Redeemer, and God as Holy Spirit. Amen.

Prayer Leaders: Peace be with you. ALL: And also with you.

## **Opening Prayer**

Prayer Leader: O God, you sowed the seeds of justice when you created this world.

Though your bountiful creation has enough for everyone, it is hardly divided fairly.

There are those who struggle to get their daily bread each day,

and then there are those who have more than they can use in their lifetime.

May we remember that all we have comes from you

and that you have entrusted to us all that we have.

May we take your commandments to heart so we can do as Jesus asks of us.

Grant that we, O God, work to end this disparity.

(United Church of Christ, adapted)

ALL: Amen

## **Prayer before Reading the Word**

Prayer Leader: O strong and faithful God, In you we have found the path to wisdom. Open our eyes to your presence everywhere.

ALL: Unstop our ears to hear the challenge of your Word.

Loose our tongues in songs of praise

and fearless witness to your justice.

We ask this through Jesus the Christ,

who lives and reigns with you in unity with the Holy Spirit,

one God forever and ever. Amen.

(At Home with the Word, adapted)

Prayer Leader: In your presence, O God, may our minds be opened, our spirits renewed, and our questions and insights shared.

ALL: Amen.

Please be seated.

First Reading: Words of Oscar Romero

ALL: Thanks be to God.

Responsorial Song: Cry of the Poor #620



Second Reading: Hebrews 4:12-13

ALL: Thanks be to God.

Please stand for the Gospel.

**Gospel:** 10:17-30

ALL: Praise to you, Jesus the Christ.

Please be seated.

#### **Dialogue Homily**

Our dialogue homily is a time of reflection and sharing on the readings as they speak to our faith and life experiences, and as expressed and lived by our varied faith traditions.

## **Prayers of the People**

Prayer Leader: Sisters and brothers in Christ, God invites us to bring our doubts and fears, our joys and concerns, our petitions and praise, and offer them for the earth and its creatures. Follow each petition with "We pray."

R: God, hear our prayer.

Prayer Leader: God of Hope, we pray you will comfort and restore all who suffer in body, mind, and spirit — those whom we have named and those we hold in our hearts.

ALL: May they know the power of your healing love. (A New Zealand Prayer Book, adapted)

Prayer Leader: Receive our prayers, O God, and transform us through them, that we may have eyes to see and hearts to understand not only what you do on our behalf, but what you call us to do.

(Revised Common Lectionary Prayers 2002, adapted)

ALL: Amen.

## **Communal Offering**

Prayer Leader: God, the earth is yours, and everything in it. We come now to this table to make a return to You for all You have so generously given to us.

ALL: In this gathering, we are fed and nourished with the gift of Word, with bread and wine, and with the gift of one another.

**East:** You feed us that we may become what we eat—that we become bread for the world.

**West:** In thanksgiving, we offer our prayers and gifts, our daily lives, our very selves to You and to our world.

ALL: May this offering we now collect support our community gathered here and carry our prayers and our work into the wider world. Amen.

Offertory Song: Open My Eyes #393

#### **Eucharistic Prayer: Poverty and Abundance**

We gather around the altar for our prayer. Readers are not specifically assigned for the parts; please feel free to recite a passage if you feel so moved. **Bold parts are read in unison.** When it is time to bless the bread and wine, please extend a hand palm up as we say the words of blessing together. If you would like gluten-free bread, please stand by the podium.

#### The Lord's Prayer

Please join hands as we say The Lord's Prayer, beginning with "Our Creator."

#### Peace

#### **Communion Prayer**

We share this bread that was broken for us, that we might learn how to be the Body of Christ. We share the cup that was poured out for us, that we might learn how to pour out our lives for one another.

"You are the bread of life." "You are the cup of life."

When everyone has received Communion, please return to seats for silent prayer.

#### **Communion Mediation**

#### **Prayer after Communion**

ALL: God grant us the spirit of courage that we may have the strength to fight injustice. Give us the spirit of challenge that we may not accept the status quo without question. Give us the spirit of compassion that we may see the world from other people's viewpoint.

We ask for the spirit of gentleness that we may listen to the voice of the poor without trampling on their dreams in our rush to action.

God grant us your Spirit,
the Spirit of truth, justice and hope
that we may rest and work in the vision of a new future
where all are linked by the bonds of humanity
not enslaved by the chains of debt and oppression
Amen.

(Romero liturgy resource)

#### **Healing Blessing**

Anyone taking bread and wine to someone in the community is invited to come forward.

Prayer Leader: May our thoughts and prayers go to \_\_\_\_\_ and all those who need healing. We hold them in our hearts.

ALL: We send you with bread and wine and the prayers of our community. Amen.

#### **Announcements**

Please stand in body or spirit.

#### **Blessing**

Prayer Leaders: May God bless us, and may we all go forth to help bring God's love and peace to our world.

ALL: In the Name of God as Loving Creator, God as Redeemer, and God as Holy Spirit. Amen.

Final Song: Pescador de Hombres #504

Please return the Eucharistic Prayer handout to the basket and take this Prayer Aid/Bulletin home with you.

\* \* \* \* \*

Thank you for sharing in our celebration of faith this morning.

Please join us for refreshments immediately following the service.

We pray together in this space every Sunday at 10:00 a.m.

All are welcome!

**For the collection each week, checks can be written to "DMIEC."** The First Sunday collection each month supports a selected charitable organization. The remaining collections cover utility, insurance, and other usual and customary expenses. Contributions are tax-deductible.

**Collection report from October 7:** Last week's DMIEC collection netted **\$4,025** for *The Raising Haiti Foundation*.

**Next week is DMARC Emergency Food Pantry Sunday.** Envelopes will be available at next Sunday's service for donations to the Des Moines Area Religious Council Emergency Food Pantries. Write checks to "DMARC" or place cash in the envelopes and add to the collection basket. Or, feel free to take an envelope home and mail your donations directly to DMARC.

#### **TOOLS NEEDED**

Richard Flamer is seeking tools to take to Ixtaltepec, Oaxaca, his wife's hometown where 700 of the 1,200 houses were destroyed in the Mexico earthquake last fall. They hope for donations of the following tools in order to start a communal woodshop and to train young people in carpentry: circluar saws; tabletop planer; cordless drills with batteries; joiner; shaper; routers and bits; belt sanders; palm sanders; band saw; 12-inch table saw. Tools are needed by early November and should be in good working order. Richard will pay a 16% tax on all that they import. If you have tools to donate, please contact Richard at flamerrichard@gmail.com. Smaller tools can be left in the Catholic Worker cart.

A tool that is not used is a sin, for someone could be making a living from that tool. ~ Richard's father

#### **MARK YOUR CALENDAR:**

Date/Time	Event	Contact Person(s):
Wednesdays, October 17 & 24	Cosmic Oneness:	Bob Ludwig
7:00 – 9:00 p.m.	<b>Our Holy Communion</b>	
Wednesday, October 17, 3:30 p.m.	Liturgy Planning Meeting	Liturgy Team
Saturday, October 20, 8:30 a.m noon	Community Retreat:	Kevin Pokorny and
	Harvesting the Bounty	Kathy Reardon
Sunday, October 28, after service	<b>Community Conversation</b>	Community Council
Wednesdays, October 31,	Living into Our Dying	Mary Routh
November 7, 14 & 28, 6:30 p.m.		
Saturday, November 3, 8:30 a.m noon	Fall Grounds Cleanup	Garden Committee
Sunday, November 11, after service	Alternative Market	Social Justice Committee

#### **NEXT WEEK'S READINGS**

Isaiah 53:10-11; United Nations Earth Charter Preamble; Mark 10:35-45

## **MINISTRIES FOR SUNDAY, OCTOBER 21**

Prayer Leader: Mary Ann Koch, Maggie Rawland, Mary Caponi Music Leader: Scott Hurly

Liturgy Coordinator: Volunteer needed

Prayer Aid Distributor: Jeanne-Marie Schwendinger Bread Baker: Kathy Reardon

Greeters: Lisa Mullen, Mary Kay Shanley Readers: Cathy Dodds, Barb Gross, Lisa Mullen Eucharistic Ministers: Kris Wells. Volunteers needed

**Straighten Worship Areas: John Waters** 

Hospitality: Mary & Rodger Routh, Barb Gross. Many volunteers needed!

PLEASE SIGN UP! Volunteer signup sheets are located in the entry hallway. Instructions for the various volunteer positions are available on the web site (dmiec.org) or in the Liturgy Room.

If you have questions about a particular position, contact one of the Coach Contacts.

#### **DMIEC EVENTS:**

## Liturgy Planning Meeting, Wednesday, October 17, 3:30 p.m.

All are welcome to attend the monthly Liturgy Planning meeting. If you would like to offer ideas or suggestions but are unable to attend the meeting, please talk to a member of the Liturgy Team (which includes Julie Powell-Mohr, Mona Gude, Lisa Mullen, Diane Morain, Paula Hermann, Lou Ann Burkle, Martha Fifield and Kevin Pokorny).

## Cosmic Oneness: Our Holy Communion Wednesdays, October 17 and 24, 7:00 – 9:00 p.m.

Bob Ludwig presents a series exploring the revelations emerging from ecology and cosmology as the grounding for 21<sup>st</sup>-century mysticism. This interactive presentation provokes a discussion about how creation is spiritually primary and foundational—and how that now shapes both an ethic and a new cultural paradigm. No cost, all invited and welcomed!

October 17 – The Singularity of the Universe: We Are One! October 24 – Creation Spirituality and Mystical Awareness

#### **MORE DMIEC EVENTS:**

Community Retreat: Harvesting the Bounty

Saturday, October 20, 8:30 a.m. - noon

This will be a time for reflection and dialogue on what we are grateful for and how we are called to be as we continue on our spiritual journey. We will begin at 8:30 a.m. to gather and socialize. From 9:00 a.m. to noon will be reflection and dialogue. Coffee and tea provided. Bring a food item to share if you wish. **Please sign-up on the clipboard labeled RETREAT**. We need to know numbers in order to plan seating arrangements. Questions? Contact Kevin Pokorny, pokornyk@hotmail.com, 515-205-5513 or Kathy Reardon, kathyreardon@q.com, 515-280-3861.

#### **COMMUNITY CONVERSATION OCTOBER 28**

Quarterly conversations serve as a way to provide updates on community finances, social justice practices and topics, liturgy, and other important community issues while fostering open dialogue.

#### LIVING INTO OUR DYING

#### Wednesdays, October 31, November 7, 14 and 28, 6:30 p.m.

All are welcome to attend a three-part discussion of the book *Caring for the Dying: The Doula Approach* to a Meaningful Death by Henry Fersko-Weiss. Please read the book before the discussions.

The fourth and final session is for DMIEC only and will be an opportunity for members to review and update their funeral folders.

#### **FALL CLEANUP DAY**

## Saturday, November 3, 8:30 a.m. – noon (Rain date November 17)

Mark your calendar for the fall cleanup of the IEC grounds. We will rake, weed, trim, and prepare the garden areas for winter. Please wear long sleeves, pants, and gloves to protect against poison ivy. Garden tools to bring: Wheelbarrows (we always need more), rakes, and hand pruners. For work along the west fence line, we need hedge trimmers with heavy-duty extension cords, saws, and pruners. Watch for a clipboard to sign up.

**Wanted:** Leaf Bags. We need donations of Des Moines yard waste bags for the cleanup day. Please put the bags under the table in the entry hallway.

#### **ALTERNATIVE MARKET**

### Sunday, November 11, after service

The Social Justice committee will once again host an Alternative Market. If you have ideas for vendors who might like to sell "fair trade"-type items, please contact Cindy Mumm, cindymumm@q.com. All money raised will go toward vendors and their worthy causes.

#### **AREA EVENTS:**

#### NUNS ON THE BUS IN DES MOINES

Tuesday, October 16, 2:30 pm., YESS (Youth Emergency Shelter Services), 918 SE 11<sup>th</sup> St., Des Moines
The Nuns on the Bus are on the road again to hear from the American people and to hold elected
officials accountable for their votes. The "Tax Justice Truth Tour" will take the Sisters from California to
Mar-a-Lago. Please help welcome them to our city. Sister Simone Campbell will speak at 2:30. Contact
Sisters Elaine and Jeanie Hagedorn for further information (277-6617). Hope to see you there! (YESS is
across from Pete Crivaro Park — west of East 14th and Maury, then south on SE 10th St.).

#### **MORE EVENTS:**

## Anti-Semitism: The Reality and the Myth

## Wednesday, October 17, 7:00 p.m., Thoreau Center, 3500 Kingman Blvd, Des Moines

Rabbi Brant Rosen will address the reality of anti-Semitism and how the charge of anti-Semitism is used to repress support of Palestinian liberation struggles. Rosen warns that safety and security for Jews "will not come by throwing in with the oppressors; it can only come through solidarity with the oppressed." Rabbi Rosen is a congregational rabbi at Tzedek Chicago, Midwest Regional Director of the American Friends Service Committee, co-founder of Jewish Voice for Peace Rabbinical Council, and author of Wrestling in the Daylight: A Rabbi's Path to Palestinian Solidarity. Sponsored by the Middle East Peace Education Coalition. Co-Sponsored by Methodist Federation for Social Action, Women's International League for Peace and Freedom Des Moines Branch, Outreach Committee of DM First Church UMC, Stop the Arms Race Political Action Committee, Catholic Peace Ministry, and Peace Not Walls Working Group-SE IA Synod ELCA.

# Healing, Hope and the Human Spirit: An Evening with Paula D'Arcy Friday, October 19, 7:00 p.m., Sacred Heart Cathedral, 422 E. 10<sup>th</sup> St., Davenport

When friends Paula D'Arcy and Joyce Rupp decided to walk a small section of the Underground Railroad in May 2008, they little guessed how personal and important the experience would become. Paula will share the powerful story of the people they met along the way, the fears they faced, the turning points, and the hearts that touched them. Free will offerings accepted. All are welcome to attend.

#### **Drake University Comparison Project:** *Miracles*

Thursday, October 25, 7:00 p.m., Sussman Theater, Olmsted Center, Drake University
Kin Cheung, Assistant Professor of Asian Religions, Department of Global Religions, Moravian College.
The Intertwining of Healing and Religion in a Contemporary Chinese American Community.

#### **OUR SISTER PARISH FUNDRAISER**

Saturday, November 3, 7:00 p.m., Heartland Presbyterian Church, 142<sup>nd</sup> and Hickman, Clive
Plan to attend the fundraiser for Our Sister Parish to support the Presbytery of Des Moines' mission in
Berlin, Usulatan, El Salvador. (DMIEC is a member of OSP.)

Come and watch a "Friendly Feud" game comprised of competing teams from the various Our Sister Parish congregations. Each team will have five members. Registration is \$80 per team (\$16 per member, which will be your admission ticket for the evening). The winning team will win \$80. If you are interested in forming a DMIEC team, please contact Steve Gude ASAP (smgude@gmail.com).

Once again, a silent auction will be part of the fundraiser. DMIEC will submit two gift baskets/items, each valued at \$100. The auction will be limited to around 25 items this year. Please see Steve if you have ideas for this. A group of people can also go together to create a basket.

Tables of eight will be pre-sold for \$100—that's \$12.50 a ticket.

ONLY LOVE: Concert and Community Sing with Sara Thomsen and Maggie Wheeler Saturday, November 10, 7:00 p.m., Unitarian Universalist Church, 2355 Oakdale Rd., Coralville
Join Sara Thomsen (singer, songwriter and founder/artistic director of the Echoes of Peace Choir) and Maggie Wheeler (best known for her role as Janice on the series Friends and co-founder/director of the Golden Bridge Choir in Los Angeles) as they share songs of spirit, joy, soul, and celebration, songs for the journey and songs to find your way home. Help them fill the space with harmony and spirit. Tickets \$20, available at onlylove.brownpapertickets.com/.

**Autumn Catholic Worker House Needs:** Cooler weather brings a need for warmer items for the Catholic Worker House guests — jackets, socks, stocking caps, blankets, and sleeping bags. Other immediate needs: disposable razors, shaving cream, and deodorant. DMIEC supports the Catholic Worker House through our weekly donations. Place your donations in the grocery cart in coatroom.

If you are new to IEC and would like a printed nametag, please sign up on the sheet in the entry hallway. Please include your email address if you would like to be added to our distribution list. PLEASE NOTE: Signing up for a nametag and emails does not register you as a member of DMIEC. You must be a registered member to access the Members section of our web site and to vote in DMIEC elections. There is no tithing commitment. For more information or to register, please contact Jim Fifield, dmiec11@gmail.com or 720-2104.

#### **BREAD AND WINE**

If you would like to take the bread and wine to someone, or if you would like a member to bring bread and wine to you, please call Diane Morain at 491-7778 or talk to her before worship on Sunday. The bread and wine can then be blessed by the community during our Liturgy of the Eucharist. Sharing the bread and wine is a vital part of our community.

#### **PLAYROOM SUPERVISION RULES**

- Any child using the playroom must have their parent or other adult relative present in the playroom or immediately
  outside the room to maintain visual contact of the child.
- During Sunday services or other events, the parent or other adult relative may move a chair from the worship area to
  the hallway outside the playroom door to be able to participate in the service and maintain supervision of the child.
- If their parent or other adult relative is not present in the playroom, then two approved volunteers must be present. One of the volunteers must be 18 or older.

Individuals 14 years of age and older, who would like to supervise children in the playroom, must be approved by the Community Council. If interested in being approved, please contact Dennis Rhodes (DennisRho@msn.com or 371-6494) or Karen DeHaven (kdehaven@mchsi.com or 205-1086).

#### **COMMUNITY CONTACTS**

#### **Pastoral Care Ministry Team**

Kevin Pokorny (pokornyk@hotmail.com or 277-5848) Mary Beth Reiff (marybethnz@msn.com or 779-6936)

#### Meal Coordinator:

Karen DeHaven (kdehaven@mchsi.com or 205-1086) (Contact Karen to coordinate meal deliveries to DMIEC members suffering from illness, surgery, or accident.)

#### **Community Council**

Art Cunningham (finproac@aol.com; 961-6330)
Karen DeHaven (kdehaven@mchsi.com; 205-1086)
Donna Dressel (ddressel84@gmail.com; 313-6184)
Jim Fifield (jfifield74@gmail.com; 720-2104)
Dennis Rhodes (DennisRho@msn.com; 371-6494)
Mary Routh (Mlenaghanrouth@gmail.com; 371-4630)
Brendalyn Shird (brenshird@msn.com; 554-4700)

#### **PERSONAL MINISTRIES**

The Pastoral Care Ministry Team invites people in our community to offer their time as ministry to one another. Your ministry may include offering minor home repairs, yard work, pet care, respite care, prayer companion, rides to our Sunday prayer service, moving assistance, etc. For information, see flyers and signup sheet in the entry hallway.

There is an assistance fund for DMIEC members needing emergency financial assistance with food, shelter, utilities, transportation and medical and/or health issues. If you face such a need, we encourage you to contact a member of the Pastoral Care Ministry Team.

Building-Use Forms are on the web site. For information, please contact Mary Routh.

#### To submit an item for the bulletin, please send to Martha Fifield, martha.fifield@gmail.com.

Weekly Prayer Aids/Bulletins are available at **dmiec.org**. In the *Members* area in the left column, click on *Readings, Prayer Aids, Administration Files*, then *Our Weekly Prayer Aid*. Only registered DMIEC members may access this area of the web site. *To have full access, you may want to consider becoming a member*. If you are not a registered member (or are not sure whether you are registered), contact Jim Fifield, dmiec11@gmail.com, 720-2104. You may also contact Jim if you are already a member and are having issues accessing the web site, or if you wish to update your personal information on the members' list on our web site.



#### DMIEC on Facebook: "Des Moines Intentional Eucharistic Community"

Administrators approve comments to our page before they go 'live'; only administrators can post statuses or pictures as DMIEC. To have an event posted as DMIEC on the page or to share pictures, email to tracyarood@gmail.com.

