# Des Moines Intentional Eucharistic Community All are welcome at our table

Prayer Leaders: Mona and Steve Gude Music Leader: Julie Powell-Mohr

Opening Song: All Are Welcome #415, vs. 1-3

# Blessing

ALL: ALL: In the Name of God as Loving Creator, God as Healing Liberator, and God as Sophia Wisdom

Prayer Leaders: Peace be with you. ALL: And also with you.

## **Opening Prayer**

Prayer Leaders: Holy One, you have given us the gift of story in our lives, ways of understanding who we are, ways of making sense of our world, of finding meaning and knowing how to respond to all that happens in our lives. Please show us where our stories fall short or are too narrow, where they exclude rather than include, where they divide rather than unite.

Help us to see where a story we live out of may go amiss of what is real, where it allows us to escape becoming whole, where it lets us live comfortably in fear. Fill us with your story, the story of unity and compassion and love. Fill us with images that energize us and give us hope and lead us to the fundamental truth that you have tried to teach us all along: we are all one. **ALL: Amen.** 

(Judy Cannato, Field of Compassion: How the New Cosmology Is Transforming Spiritual Life)

Prayer Leader: In your presence, O God, may our minds be opened, our spirits renewed, and our questions and insights shared.

ALL: Amen.

Please be seated.

First Reading: An excerpt from the original Mother's Day Proclamation by Julia Ward Howe

ALL: Thanks be to God.

Responsorial Psalm: Psalm 146 ALL: Praise God, O my soul.

Please stand for the Gospel.

**Gospel:** Mark 12:38-44

ALL: Praise to you, Jesus the Christ.

Please be seated.



Our dialogue homily is a time of reflection and sharing on the readings as they speak to our faith and life experiences, and as expressed and lived by our varied faith traditions.



## **Prayers of the People**

Prayer Leader: Sisters and brothers in Christ, God invites us to bring our doubts and fears, our joys and concerns, our petitions and praise, and offer them for the earth and its creatures.

Please offer petitions continuously without pausing. When all prayers have been stated, we will respond with: **Sophia, hear our prayer.** 

Prayer Leader: Sophia, comfort and restore all who suffer in body, mind, and spirit — those whom we have named and those we hold in our hearts.

ALL: May they know the power of your healing love. (A New Zealand Prayer Book, adapted)

Amen.

## **Communal Offering**

Prayer Leader: God, the earth is yours, and everything in it. We come now to this table to make a return to You for all You have so generously given to us.

ALL: In this gathering, we are fed and nourished with the gift of Word, with bread and wine, and with the gift of one another.

East: You feed us that we may become what we eat—that we become bread for the world.

**West:** In thanksgiving, we offer our prayers and gifts, our daily lives, our very selves to You and to our world.

ALL: May this offering we now collect support our community gathered here and carry our prayers and our work into the wider world. Amen.

Offertory Song: Here At This Table #312, vs. 1, 2 & 4

#### **Eucharistic Prayer of Challenge**

We gather around the altar for our prayer. Readers are not specifically assigned for the parts; please feel free to recite a passage if you feel so moved. **Bold parts are read in unison.** When it is time to bless the bread and wine, please extend a hand palm up as we say the words of blessing together. If you would like gluten-free bread, please stand by the podium.

#### The Prayer of Jesus

Please join hands as we say The Prayer of Jesus, beginning with "God of Peace."

#### **Peace**

#### **Communion Prayer**

We share this bread that was broken for us, that we might learn how to be the Body of Christ. We share the cup that was poured out for us, that we might learn how to pour out our lives for one another.

"You are the bread of life." "You are the cup of life."

When everyone has received Communion, please return to seats for silent prayer.

#### **Communion Meditation**

## **Prayer after Communion**

**East:** Blessed are those whose hands and heart

have maintained justice,

**West:** who have lived in accordance with

the laws of Love;

**East:** those faithful to Love Consciousness

will hear the good counsel, the guidance of Wisdom in their hearts.

**West:** The fruits of integrity, justice,

sharing, and compassion deliver many blessings.

ALL: Amen. (Nan C. Merrill, Walking with Wisdom)

## **Healing Blessing**

Anyone taking bread and wine to someone in the community is invited to come forward.

Prayer Leader: May our thoughts and prayers go to \_\_\_\_\_ and all those who need healing. We hold them in our hearts.

ALL: We send you with bread and wine and the prayers of our community. Amen.

#### **Announcements**

Please stand in body or spirit.

#### **Blessing**

Prayer Leaders: May God bless us, and may we all go forth to help bring God's love and peace to our world.

ALL: In the Name of God as Loving Creator, God as Healing Liberator, and God as Sophia Wisdom. Amen.

Final Song: Go Make a Difference #500, vs. 1-3

Please return the Eucharistic Prayer handout to the basket and take this Prayer Aid/Bulletin home with you.

Thank you for sharing in our celebration of faith this morning.

Please join us for refreshments immediately following the service and stay for our Alternative Gift Market beginning at noon.

We pray together in this space every Sunday at 10:00 a.m. All are welcome!

**For the collection each week, checks can be written to "DMIEC."** The First Sunday collection each month supports a selected charitable organization. The remaining collections cover utility, insurance, and other usual and customary expenses. Contributions are tax-deductible.

Collection report from date of previous Sunday: Last week's DMIEC collection netted \$4,015.30 for Genesis Youth Foundation.

### Next week is DMARC Emergency Food Pantry Sunday.

Envelopes will be available at next Sunday's IEC service for donations to the Des Moines Area Religious Council Emergency Food Pantries. Write checks to "DMARC" or place cash in the envelopes and add to the collection basket. Or, feel free to take an envelope home and mail your donations directly to DMARC.

## **CREATING SANCTUARY EVERYWHERE**

DMIEC is a sanctuary support community and a member of the Iowa Sanctuary Movement. Sanctuary faith communities are sponsoring two families in Des Moines currently seeking asylum. The families are from El Salvador and crossed the border in Texas in July. The two mothers and their two children need assistance with rent, utilities, food, clothing, and all living expenses. The children attend Monroe school. The mothers are not yet allowed to apply for work permits. There will be many ways to help these families, but financial support is paramount. The DMIEC Social Justice Committee has donated \$600 from its 2018 budget and will consider additional donations from its 2019 budget. Other ways to donate:

- Send donations to First Unitarian Church, c/o Charles Lewis, 1800 Bell Ave., Des Moines, 50315. Please make checks to First Unitarian Church of DSM, with ISM Asylum Support on memo line.
- Donate on-line on First Unitarian Church's website.
- Place cash and check donations in the envelope on the entrance table.

Martha Gelhaus is setting up a distribution list for those who want to be informed about the families' needs and who may be able to help with food, clothing, transportation and other assistance. Sign up on the clipboard or contact Martha, mgelhaus@hotmail.com to be added to the list.

#### **MARK YOUR CALENDAR:**

Date/Time	Event	Contact Person(s):
Wednesdays, November 14 & 28 6:30 p.m.	Living into Our Dying	Mary Routh
Monday, November 12, 6:00 p.m.	Community Council Meeting	Community Council
Wednesday, November 14, 3:30 p.m.	Liturgy Planning Meeting	Liturgy Team
Saturday, December 1, 9:00 a.mnoon	Advent Morning of Reflection:	Mary Ann Koch, Lou Ann
	Doors into the Quiet	Burkle, and Kris Wells
Wednesday, December 5, 7:00 p.m.	Advent Prayer Service	Liturgy Team

#### Our New Peace Pole!

The Peace Pole is now set in the garden. It reads "May Peace Prevail on Earth" in eight different languages--English, Nepali, Chinese, Lakota, Tibetan, Arabic, Spanish and human footprints for all the languages of the world. Each language is identified with a small brass plate. Last Sunday we scattered some of the ashes of Mary Kay Riley around the pole and placed the rocks honoring our saints as part of the foundation of peace planted here in this place. They have promised to be "voices in the wilderness and a welcome for the way." (Jan Richardson, *Circle of Grace*) If you weren't here last Sunday, you may want to continue the celebration by leaving a small stone at the base of the pole to honor your saints.

# **MINISTRIES FOR SUNDAY, NOVEMBER 18**

Prayer Leaders: Mary Routh and Barb Gross Music Leader: Scott Hurley

**Liturgy Coordinator: Christine Paulson** 

Prayer Aid Distributor: Jeanne-Marie Schwendinger Bread Baker: Maggie Maloney

Greeters: Mary Ann Koch and Dick Mullen

Readers: Kevin Armstrong, Bob Mulqueen, Christine Paulson

Eucharistic Ministers: Martha Fifield, Charlene Skidmore, Diane Morain

Straighten Worship Area: Volunteer needed

Hospitality: Steve & Mona Gude, Kris Wells, Kay Kopatich, Maggie Maloney, Jeanine Freeman,

Victoria Gloe, Marilyn Krogulski

PLEASE SIGN UP! Volunteer signup sheets are located in the entry hallway. Instructions for the various volunteer positions are available on the web site (dmiec.org) or in the Liturgy Room.

If you have questions about a particular position, contact one of the Coach Contacts.

#### **DMIEC EVENTS:**

## COMMUNITY COUNCIL MEETING, Monday, November 12, 6:00 p.m.

All are welcome to attend the Community Council's monthly meeting.

# Liturgy Planning Meeting, Wednesday, November 14, 3:30 p.m.

All are welcome to attend the monthly Liturgy Planning meeting. If you would like to offer ideas or suggestions but are unable to attend the meeting, please talk to a member of the Liturgy Team (which includes Julie Powell-Mohr, Mona Gude, Lisa Mullen, Diane Morain, Paula Hermann, Lou Ann Burkle, Martha Fifield and Kevin Pokorny).

#### LIVING INTO OUR DYING

## Wednesdays, November 14 and 28, 6:30 p.m.

All are welcome to attend our discussion of the book *Caring for the Dying: The Doula Approach to a Meaningful Death* by Henry Fersko-Weiss.

The final session is for DMIEC only and will be an opportunity for members to review and update their funeral folders.

## ADVENT MORNING OF REFLECTION: Doors into the Quiet

#### Saturday, December 1, 9:00 a.m. – noon

Take time out for this retreat morning using the Trinitarian Prayer Model: silent meditation, reflective journaling, and sharing. Advent booklet provided for meditation. Bring a journal if you wish. Coffee and tea available. Otherwise bring your own drink. RSVP by signing the clipboard at DMIEC, or phone 230-8410. Facilitators: Mary Ann Koch, Lou Ann Burkle, and Kris Wells

## Summer 2019: Build Homes in Malawi with Habitat for Humanity

Enjoy a different kind of vacation. Brendalyn Shird is recruiting a volunteer team to serve in **Malawi, Africa, from June 29-July 7, 2019.** The team will experience *the warm heart of Africa* while building homes for vulnerable children who have lost at least one parent. For more information, contact Brendalyn at bshird@gdmhabitat.org.

**Catholic Worker House Needs:** Cold weather brings a need for warm items for the Catholic Worker House guests — jackets, socks, stocking caps, blankets, and sleeping bags. Other immediate needs: disposable razors, shaving cream, and deodorant. DMIEC supports the Catholic Worker House through our weekly donations. Place your donations in the grocery cart in the coatroom.

# **AREA EVENTS:**

Interfaith Prayer Service for Climate Action: We Can No Longer Wait ...

Wednesday, November 14, 11:30 a.m. – noon, Capitol Hill Lutheran Church, 511 Des Moines St., DM lowans are called to find and implement faith-based solutions to climate change. Iowa religious leaders will release a statement on climate change at the service. Come, pray and let your presence witness to your commitment to care for this sacred Creation.

# **Drake University Comparison Project: Miracles**

Thursday, November 15, 7:00 p.m., Sussman Theater, Olmsted Center, Drake University
The 'Miracle' Problem: A Lakota Thought Experiment with Fritz Detwiler, Professor of Philosophy and Religion, Adrian College.

#### We Are Church Confessing

## Sunday, December 2, 1:00-1:30 p.m., Evelyn Davis Park, 1400 Forest Ave., Des Moines

We Are Church Confessing is an effort to call the church to publicly pray, confess, and bear witness to the sacredness of human life that our religious traditions call us to honor and protect. Ecumenical, interdenominational services are held in a public space the first Sunday of each month in response to our country's political crisis. This is not a protest. It is not partisan. The crisis in our political body pertains to basic issues of human rights about which we can agree to take a public stand even amidst our different perspectives on the best public policies or political affiliations. Plymouth Congregational Church will lead the December service. If you would like to be involved in planning, the next planning meeting is November 27, 12:00-1:15 p.m. at the Peace Conference room at Plymouth Congregational Church. For more information, contact Carmen Lampe Zeitler, carmenandjohn@aol.com.

Save the date:

**ANNUAL CHRISTMAS SONGFEST** 

Sunday, December 16

Home of Tom and Rita Fisher, West Grand Towers, 3663 Grand Ave., Unit 303, Des Moines All are welcome! Details to come.

If you are new to IEC and would like a printed nametag, please sign up on the sheet in the entry hallway. Please include your email address if you would like to be added to our distribution list. PLEASE NOTE: Signing up for a nametag and emails does not register you as a member of DMIEC. You must be a registered member to access the Members section of our web site and to vote in DMIEC elections. There is no tithing commitment. For more information or to register, please contact Jim Fifield, dmiec11@gmail.com or 720-2104.

#### **BREAD AND WINE**

If you would like to take the bread and wine to someone, or if you would like a member to bring bread and wine to you, please call Diane Morain at 491-7778 or talk to her before worship on Sunday. The bread and wine can then be blessed by the community during our Liturgy of the Eucharist. Sharing the bread and wine is a vital part of our community.

#### **PLAYROOM SUPERVISION RULES**

- Any child using the playroom must have their parent or other adult relative present in the playroom or immediately
  outside the room to maintain visual contact of the child.
- During Sunday services or other events, the parent or other adult relative may move a chair from the worship area to
  the hallway outside the playroom door to be able to participate in the service and maintain supervision of the child.
- If their parent or other adult relative is not present in the playroom, then two approved volunteers must be present. One of the volunteers must be 18 or older.

Individuals 14 years of age and older, who would like to supervise children in the playroom, must be approved by the Community Council. If interested in being approved, please contact Dennis Rhodes (DennisRho@msn.com or 371-6494) or Karen DeHaven (kdehaven@mchsi.com or 205-1086).

#### **COMMUNITY CONTACTS**

#### **Pastoral Care Ministry Team**

Kevin Pokorny (pokornyk@hotmail.com or 277-5848) Mary Beth Reiff (marybethnz@msn.com or 779-6936) **Meal Coordinator:** 

Karen DeHaven (kdehaven@mchsi.com or 205-1086) (Contact Karen to coordinate meal deliveries to DMIEC members suffering from illness, surgery, or accident.)

#### **Community Council**

Art Cunningham (finproac@aol.com; 961-6330)
Karen DeHaven (kdehaven@mchsi.com; 205-1086)
Donna Dressel (ddressel84@gmail.com; 313-6184)
Jim Fifield (jfifield74@gmail.com; 720-2104)
Dennis Rhodes (DennisRho@msn.com; 371-6494)
Mary Routh (Mlenaghanrouth@gmail.com; 371-4630)
Brendalyn Shird (brenshird@msn.com; 554-4700)

#### **PERSONAL MINISTRIES**

The Pastoral Care Ministry Team invites people in our community to offer their time as ministry to one another. Your ministry may include offering minor home repairs, yard work, pet care, respite care, prayer companion, rides to our Sunday prayer service, moving assistance, etc. For information, see flyers and signup sheet in the entry hallway.

There is an assistance fund for DMIEC members needing emergency financial assistance with food, shelter, utilities, transportation and medical and/or health issues. If you face such a need, we encourage you to contact a member of the Pastoral Care Ministry Team.

Building-Use Forms are on the web site. For information, please contact Mary Routh.

## To submit an item for the bulletin, please send to Martha Fifield, martha.fifield@gmail.com.

Weekly Prayer Aids/Bulletins are available at **dmiec.org**. In the *Members* area in the left column, click on *Readings, Prayer Aids, Administration Files*, then *Our Weekly Prayer Aid*. Only registered DMIEC members may access this area of the web site. *To have full access, you may want to consider becoming a member*. If you are not a registered member (or are not sure whether you are registered), contact Jim Fifield, dmiec11@gmail.com, 720-2104. You may also contact Jim if you are already a member and are having issues accessing the web site, or if you wish to update your personal information on the members' list on our web site.



#### DMIEC on Facebook: "Des Moines Intentional Eucharistic Community"

Administrators approve comments to our page before they go 'live'; only administrators can post statuses or pictures as DMIEC. To have an event posted as DMIEC on the page or to share pictures, email to tracyarood@gmail.com.

