

February 10, 2019
Fifth Sunday in Ordinary Time

Des Moines Intentional Eucharistic Community
All are welcome at our table

Prayer Leaders: Jeanine Freeman and Mary Routh

Music Leader: Julie Powell-Mohr

Opening Song: *Come, Worship the Lord* #306, vs. 1-2

Blessing

Prayer Leader: Let us quiet our minds and open our hearts as we enter this time of worship and grace.

ALL: In the Name of God Who Knows Us, God Who Loves Us and All of Creation, and God Who Walks With Us. Amen.

Prayer Leaders: Peace be with you. **ALL: And also with you.**

Opening Prayer

East: Every day I see or hear something that more or less kills me with delight, that leaves me like a needle in the haystack of light.

West: It was what I was born for — to look, to listen, to lose myself inside this soft world — to instruct myself over and over in joy, and acclamation.

East: Nor am I talking about the exceptional, the fearful, the dreadful, the very extravagant — but of the ordinary, the common, the very drab, the daily presentations.

West: Oh, good scholar, I say to myself, how can you help but grow wise with such teachings as these — the untrimmable light of the world, the ocean's shine, the prayers that are made out of grass?
(“Mindful” by Mary Oliver)

Prayer Before the Readings

Prayer Leader: To pray means to think and live in the presence of God. Praying is not an isolated activity; it takes place in the midst of all things and affairs that keep us active. In prayer, a “self-centered monologue” becomes a “God-centered dialogue.”

(Excerpts from Henri Nouwen, *Clowning in Rome: Reflections on Solitude, Celibacy, Prayer, and Contemplated*)

Prayer Leader: In your presence, O God, may our minds be opened, our spirits renewed, and our questions and insights shared. **ALL: Amen.**

Please be seated.

First Reading: Isaiah 6: 1-2a, 3-8

ALL: Thanks be to God.

Responsorial Psalm: Psalm 138

ALL: In the sight of angels, I will sing Your praises, O God.

Second Reading: “Consecrating the Ordinary” (excerpts) from Rachel Naomi Remen, MD,
Kitchen Table Wisdom – Stories That Heal

ALL: Thanks be to God.



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Please stand for the Gospel.

Gospel: Luke 4:38-39, 5:4-6, 8, 10, 12-14; John 14:12

ALL: Praise to you, Jesus the Christ.

Please be seated.

Dialogue Homily

Our dialogue homily is a time of reflection and sharing on the readings as they speak to our faith and life experiences, and as expressed and lived by our varied faith traditions.

Prayers of the People

Prayer Leader: Sisters and brothers in Christ, God invites us to bring our doubts and fears, our joys and concerns, our petitions and praise, and offer them for the earth and its creatures. Follow each petition with "We pray."

R: God, hear our prayer.

Prayer Leader: God of Hope, we pray you will comfort and restore all who suffer in body, mind, and spirit — those whom we have named and those we hold in our hearts.

ALL: May they know the power of your healing love. *(A New Zealand Prayer Book, adapted)*

Prayer Leader: Receive our prayers, O God, and transform us through them, that we may have eyes to see and hearts to understand not only what you do on our behalf, but what you call us to do. *(Revised Common Lectionary Prayers 2002, adapted)*

ALL: Amen.

Communal Offering

Prayer Leader: God, the earth is yours, and everything in it. We come now to this table to make a return to You for all You have so generously given to us.

ALL: In this gathering, we are fed and nourished with the gift of Word, with bread and wine, and with the gift of one another.

East: You feed us that we may become what we eat — that we become bread for the world.

West: In thanksgiving, we offer our prayers and gifts, our daily lives, our very selves to You and to our world.

ALL: May this offering we now collect support our community gathered here and carry our prayers and our work into the wider world. Amen.

Offertory Song: *Open My Eyes, Lord* #392, vs. 1-5

Eucharistic Prayer: The Way

*We gather around the altar for our prayer. Readers are not specifically assigned for the parts; please feel free to recite a passage if you feel so moved. **Bold parts are read in unison.** When it is time to bless the bread and wine, please extend a hand palm up as we say the words of blessing together. If you would like gluten-free bread, please stand by the podium.*

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The Lord's Prayer

Please join hands as we say The Lord's Prayer, beginning "Bismillah ..."

Peace

Communion Prayer

**We share this bread that was broken for us,
that we might learn how to be the Body of Christ.
We share the cup that was poured out for us,
that we might learn how to pour out our lives for one another.**

"You are the bread of life." "You are the cup of life."

When everyone has received Communion, please return to seats for silent prayer.

Communion Reflection

Prayer after Communion

Prayer Leader: Leaders and spiritual communities are not needed to comfort people feeling lost in times of change. Instead, spiritual leaders need to help transform the fears of their congregations into urgency and courage.

*(Diana Butler Bass, cited in Jim Antal, *Climate Church, Climate World*)*

Healing Blessing

Anyone taking bread and wine to someone in the community is invited to come forward.

Prayer Leader: May our thoughts and prayers go to _____ and all those who need healing.
We hold them in our hearts.

ALL: We send you with bread and wine and the prayers of our community. Amen.

Announcements

Please stand in body or spirit.

Blessing

Prayer Leaders: May God bless us, and may we all go forth to help bring God's love.

ALL: In the Name of God Who Knows Us, God Who Loves Us and All of Creation, and God Who Heals Through Us. Amen.

Final Song: *Go Make a Difference* #499, vs. 1-3

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***Please return the Eucharistic Prayer handout to the basket and
take this Prayer Aid/Bulletin home with you.***

***Thank you for sharing in our celebration of faith this morning.
Please join us for refreshments immediately following the service.
We pray together in this space every Sunday at 10:00 a.m.
All are welcome!***

For the collection each week, checks can be written to "DMIEC." The First Sunday collection each month supports a selected charitable organization. The remaining collections cover utility, insurance, and other usual and customary expenses. Contributions are tax-deductible.

Collection report from February 3: Last week's DMIEC collection netted **\$3,086** for **ONE IOWA**.

SOCIAL JUSTICE ADVOCACY

TODAY, after service in the library

Get updates on the current state legislative session and learn about the issues and how to advocate for social justice. Bob Mulqueen and members of the Social Justice Committee will hold discussions in the library after Sunday services generally every two weeks until early May. See the calendar in the prayer aid for further dates. See Julie Powell-Mohr to receive email action alerts.

Next week is DMARC Emergency Food Pantry Sunday.

Envelopes will be available at next Sunday's IEC service for donations to the Des Moines Area Religious Council Emergency Food Pantries. Write checks to "DMARC" or place cash in the envelopes and add to the collection basket. Or, feel free to take an envelope home and mail your donations directly to DMARC.

Be assured your gifts to DMARC make a difference! Just \$2.50 provides a full day of food for a child. A \$50 donation equals 60 meals to help a family of four for five days.

COMMUNITY CONVERSATION FEBRUARY 17

Please plan to stay after the service next Sunday for this Liturgy Conversation to talk about Eucharistic Prayer revisions, creedal statements, and alternate reading selections. In the interest of respecting everyone's time, there are NO oral announcements at the end of our service when we have a Community Conversation. ***If you have an announcement for next week, please be sure to send it to Martha Fifield, martha.fifield@gmail.com, so it can be included in the bulletin.***

A Message from Our Community Council

DMIEC recognizes that political involvement is an important part of a citizen's role and encourages that involvement by all members, regardless of party affiliation. However, with the Iowa Caucuses about a year away and candidates in town daily, please keep in mind that DMIEC worship services and communications are not appropriate forums in which to promote or disparage candidates, campaign events, and the like. ***Thanks for your help in ensuring that all feel truly welcome to worship at DMIEC.***

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PRAYERFUL PRESENCE at the CAPITOL

Mondays at 12:45 p.m. *ALL are invited to join us as we circle the Iowa State Capitol rotunda in meditative prayer.* To begin with intention we gather at the top of the stairs (second floor) before we walk. Come with your own hopes for the people of Iowa, and we will walk together in silent reverence. Everyone welcome! Questions? Please call Kay Kopatich, 240-4904.
Prior to our walk, Interfaith Alliance of Iowa presents Moral Mondays, 12:00-12:45 p.m. in Room 304, with speakers on topics important to current legislation. This week's discussion will be on fair and impartial courts and efforts to politicize the judicial nominating process.

MARK YOUR CALENDAR:

Date/Time	Event	Contact Person(s):
Monday, February 11, 6:00 p.m.	Community Council Meeting	Community Council
Wednesday, February 13, 1:00 p.m.	Book Study Group: <i>Climate Church, Climate World</i>	Mary Ann Koch and Julie Powell-Mohr
Wednesday, February 13, 3:45 p.m.	Liturgy Planning Meeting	Liturgy Team
Sunday, February 17, after service	Community Conversation on Liturgy	Liturgy Team
Sundays, February 24; March 10, 24; April 7; May 5, after services in library	State Legislative Updates and Discussion	Social Justice Committee, Bob Mulqueen
Saturday, March 2, 9:00 a.m. – noon	Lenten Retreat: <i>Now Is the Acceptable Time</i>	Lou Ann Burkle, Mary Ann Koch, Kris Wells
Wednesday, March 6	Ash Wednesday	

NEXT WEEK'S READINGS

Jeremiah 17:5-8; 1 Corinthians 15:12, 16-20; Luke 6:17, 20-26

MINISTRIES FOR SUNDAY, FEBRUARY 17

Prayer Leader: Jeanne-Marie Schwendinger

Liturgy Coordinator: *Volunteer needed*

Prayer Aid Distributor: Elaine Hagedorn

Greeters: Mary & Chuck Kunkel

Readers: Jeanie Hagedorn, Claudette McDonald, P.J. McDonald

Eucharistic Ministers: Charlene Skidmore, Kathleen Richardson, Diane Morain

Straighten Worship Area: *Volunteer needed*

Hospitality: Mary & Rodger Routh, Claudette & P.J. McDonald, Mary Tomlinson, Kris Wells, Elaine & Jeanie Hagedorn

PLEASE SIGN UP! *Volunteer signup sheets are located in the entry hallway. Instructions for the various volunteer positions are available on the web site (dmiec.org) or in the Liturgy Room.*

Questions about a particular position? Contact one of the Coach Contacts posted above the clipboards.

Prayer Leaders Still Needed for 2019

Plan ahead and sign up on the orange clipboard.

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DMIEC EVENTS:

COMMUNITY COUNCIL MEETING, Monday, February 11, 6:00 p.m.

All are welcome to attend the Community Council's monthly meeting.

BOOK STUDY GROUP: *Climate Church, Climate World*

Wednesday, February 13, 1:00 p.m.

Climate Church, Climate World: How People of Faith Must Work for Change by Jim Antal.

Wrap up conversation on the book with some sharing from the conference.

Liturgy Planning Meeting, Wednesday, February 13, 3:45 p.m.

All are welcome to attend the monthly Liturgy Planning meeting. If you would like to offer ideas or suggestions but are unable to attend the meeting, please talk to a member of the Liturgy Team (which includes Julie Powell-Mohr, Mona Gude, Lisa Mullen, Diane Morain, Paula Hermann, Lou Ann Burkle, and Martha Fifield).

Lenten Retreat: *Now Is the Acceptable Time*

Saturday, March 2, 9:00 a.m. – noon

Take time out for this retreat morning in preparation for the Lenten season using the Trinitarian prayer model — silent meditation, journaling, and sharing. A booklet for meditation will be provided. Bring your own journal if you wish. Preregister by signing the clipboard at DMIEC or contact one of the facilitators: Lou Ann Burkle, Mary Ann Koch, and Kris Wells.

UPCOMING EVENTS:

Becoming American

Mondays, February 11, 18, 25, March 4, 11, 6:00 p.m., Franklin Library, 5000 Franklin Ave., DM

The Des Moines Film Society presents a six-week program featuring documentary film screenings and scholar-led discussions about immigration issues. For more, visit becoming-american.org/programs

February 11: *Promise and Prejudice* explores the tension – historic and current – between Americans' acceptance of immigrants, including the celebration of their own immigrant heritage, versus the periodic backlash prompted by concern about the economic and cultural effects of newcomers.

Drake University Comparison Project: *Miracles*

Thursday, February 14, 7:00 p.m., Sussman Theater, Olmsted Center, Drake University

"What Miracles in the Global South Contribute to Understanding the Human Condition," with Bilinda Straight, Professor of Anthropology and of Gender & Women's Studies at Western Michigan University.

Strong Feisty Women Powering Change

Friday, February 22, 5:00–9:00 p.m., First Unitarian Church, 1800 Bell Ave., Des Moines

Women's International League for Peace and Freedom will celebrate three Strong, Feisty Women: Eloise Cranke, coordinator of the Methodist Federation for Social Action; Marti Anderson, state legislator; and Cathy Glasson, 2018 contender for governor. Heavy hors d'oeuvres and drinks. Tickets \$40. Contact Mary Ann Koch or Mary Caponi or send check to Linda Lemon, 4641 Lockner Dr, Urbandale, IA 50322.

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MORE UPCOMING EVENTS:

Exploring Centering Prayer as Meditation Practice

Saturday, February 23, 8:30 a.m. – 12:30 p.m., Faith Lutheran Church, 10395 University Ave., Clive
Open to all who wish to learn this spiritual discipline — newcomers to the practice as well as to those who have some background in Centering Prayer but want to revive and update their understanding. Discussion of the gifts of Centering Prayer as well as areas where one may get stuck. Facilitated by Kathy Reardon. \$15 suggested donation. To register, go to centeriowa.org. Questions? Contact Kathy at 515/251-6660, or kreardon@dmpcc.org.

White Fragility: Why It's So Hard for White People to Talk About Racism

Tuesday, February 26, 7:00 p.m., Great Hall of Iowa State University's Memorial Union, Ames
Robin DiAngelo, author of *White Fragility* and *Is Everyone Really Equal*, has had a profound influence on the national discourse on race. She has facilitated trainings on racial and social justice issues for more than 20 years and coined the term “white fragility.” DiAngelo will discuss her concept of how white Americans are unknowingly socialized to be highly sensitive to and defensive in situations involving race, that is, racially “fragile.” She emphasizes the perspectives and skills white people need to build in order to engage more constructively across race. For more information, visit www.lectures.iastate.edu.

Center for Social Ministry Trivia Night

Saturday, March 2, 6:00–9:00 p.m., Catholic Pastoral Center, 601 Grand Ave., Des Moines
Knowledge Wanted! But not required. This evening is an opportunity for food, fun and support for social justice and poverty awareness education. Recruit your friends, family, co-workers, or book club to form a team. There will be games and prizes. Dinner, beverages, and snacks are included. \$200 for a table/team of eight. Individual tickets \$25. Visit www.centerforsocialministry.org/trivia-night/ to register. Teams please register by February 15. Proceeds benefit Center for Social Ministry.

Charting Your Soul's Compass: A Women's Reflective Writing Retreat

March 28 – 31, St. Benedict Center, Schuyler, Nebraska

Mary Kay Shanley and Diane Douiyssi offer this Thursday evening through Sunday noon retreat that encourages women to experience the treasure of expression waiting to emerge, to consider the possibilities that await the writer within, and to celebrate the purpose and direction in their own lives. For more information, please go to www.StBenedictCenter.com.

Catholic Worker House Needs for Winter: Jackets, socks, stocking caps, blankets, and sleeping bags. Other immediate needs: disposable razors, shaving cream, and deodorant. Please place donations in the grocery cart in the coatroom. Thank you for your continued support.

February 10, 2019 Fifth Sunday in Ordinary Time

If you are new to IEC and would like a printed nametag, please sign up on the sheet in the entry hallway. Please include your email address if you would like to be added to our distribution list. PLEASE NOTE: Signing up for a nametag and emails does not register you as a member of DMIEC. You must be a registered member to access the Members section of our web site and to vote in DMIEC elections. There is no tithing commitment. For more information or to register, please contact Jim Fifield, dmiec11@gmail.com or 720-2104.

BREAD AND WINE

If you would like to take the bread and wine to someone, or if you would like a member to bring bread and wine to you, please call Diane Morain at 491-7778 or talk to her before worship on Sunday. The bread and wine can then be blessed by the community during our Liturgy of the Eucharist. *Sharing the bread and wine is a vital part of our community.*

PLAYROOM SUPERVISION RULES

- Any child using the playroom must have their parent or other adult relative present in the playroom or immediately outside the room to maintain visual contact of the child.
- During Sunday services or other events, the parent or other adult relative may move a chair from the worship area to the hallway outside the playroom door to be able to participate in the service and maintain supervision of the child.
- If their parent or other adult relative is not present in the playroom, then two approved volunteers must be present. One of the volunteers must be 18 or older.

Individuals 14 years of age and older, who would like to supervise children in the playroom, must be approved by the Community Council. If interested in being approved, please contact Dennis Rhodes (DennisRho@msn.com or 371-6494) or Karen DeHaven (kdehaven@mchsi.com or 205-1086).

COMMUNITY CONTACTS

Pastoral Care Ministry Team

Kevin Pokorny (pokornyk@hotmail.com or 277-5848)
Mary Beth Reiff (marybethnz@msn.com or 779-6936)

Meal Coordinator:

Karen DeHaven (kdehaven@mchsi.com or 205-1086)
(Contact Karen to coordinate meal deliveries to DMIEC members suffering from illness, surgery, or accident.)

Community Council

Art Cunningham (finproac@aol.com; 961-6330)
Karen DeHaven (kdehaven@mchsi.com; 205-1086)
Donna Dressel (ddressel84@gmail.com; 313-6184)
Jim Fifield (jfifield74@gmail.com; 720-2104)
Dennis Rhodes (DennisRho@msn.com; 371-6494)
Mary Routh (Mlenaghanrouth@gmail.com; 371-4630)
Brendalyn Shird (brenshird@msn.com; 554-4700)

PERSONAL MINISTRIES

The Pastoral Care Ministry Team invites people in our community to offer their time as ministry to one another. Your ministry may include offering minor home repairs, yard work, pet care, respite care, prayer companion, rides to our Sunday prayer service, moving assistance, etc. For information, see flyers and signup sheet in the entry hallway.

There is an assistance fund for DMIEC members needing emergency financial assistance with food, shelter, utilities, transportation and medical and/or health issues. If you face such a need, we encourage you to contact a member of the Pastoral Care Ministry Team.

Building-Use Forms are on the web site. For information, please contact Donna Dressel.

To submit an item for the bulletin, please send to Martha Fifield, martha.fifield@gmail.com.

Weekly Prayer Aids/Bulletins are available at dmiec.org. In the *Members* area in the left column, click on *Readings, Prayer Aids, Administration Files*, then *Our Weekly Prayer Aid*. Only registered DMIEC members may access this area of the web site.

To have full access, you may want to consider becoming a member. If you are not a registered member (or are not sure whether you are registered), contact Jim Fifield, dmiec11@gmail.com, 720-2104. You may also contact Jim if you are already a member and are having issues accessing the web site, or if you wish to update your personal information on the members' list on our web site.



DMIEC on Facebook: "Des Moines Intentional Eucharistic Community"

Administrators approve comments to our page before they go 'live'; only administrators can post statuses or pictures as DMIEC. To have an event posted as DMIEC on the page or to share pictures, email to tracyarood@gmail.com

