




Des Moines


CATHOLIC WORKER BEG LIST

📍 1310 7th St, Des Moines, IA




Pantry Items

- CANNED SOUP
- INSTANT RAMEN
- CEREAL
- DRY SNACKS
- CANNED GOODS (TUNA, CHICKEN)
- HOT CHOCOLATE / TEA BAGS
- DRY FOOD
- HEAT & SERVE



Home Supplies

- LAUNDRY DETERGENT
- BLEACH
- PINE SOL & MURPHY OIL (WOOD FLOOR)
- BROOM
- TOILET PAPER
- PAPER TOWELS
- TO-GO CONTAINERS
- TRASH BAGS/SMALL PLASTIC BAGS



Hygiene Products

- SHAMPOO (BIG & SMALL)
- BODY LOTION
- DEODORANT
- SOAP/BODY WASH (BIG & SMALL)
- RAZORS/SHAVING CREAM
- COMBS/HAIRBRUSH
- FEMININE HYGIENE
- VITAMINS



Clothes

- WOMEN ' S CLOTHING
- MEN ' S CLOTHING
- WOMEN ' S UNDERWEAR
- MEN ' S UNDERWEAR
- JACKETS/HOODIES
- SOCKS
- GLOVES/BEANIES/SCARVES
- SHOES